

JAMES AND WHITE

BAR AND KITCHEN

NON GLUTEN INGREDIENT MENU

STARTERS & SMALL PLATES

BBQ CHICKEN WINGS 7.00 Dorset Blue Vinny dip & celery	BURRATA 8.50 Roasted beets, rocket, balsamic glaze V	ZUCCHINI FRITTERS 6.70 Chilli jam 🌱
THICK CUT SMOKED SALMON 8.00 Horseradish creme fraiche, gluten free toasts	TODAY'S HOMEMADE SOUP 6.70 Gluten free bread	FALAFEL 6.70 Homemade, tsatsiki 🌱
	STICKY BBQ RIBS 7.70 Chilli dressed Asian slaw	

HOT STONE COOKING AT YOUR TABLE

All served on a sizzling hot volcanic rock for you to cook on yourself at the table! Or...
Don't want to do the cooking; no problem just ask your server and we will serve the finished dish!

STEAKS

Farm Assured UK reared steaks aged for minimum 30 days by our New Forest family butcher. Served with pea top salad, roasted vine tomatoes, grilled flat mushroom, shoestring fries* and your choice of sauce: peppercorn, garlic butter or Dorset Blue Vinny cheese.

8OZ SIRLOIN 21.50	8OZ RUMP 16.00	10OZ RIB EYE 23.00	PORK TENDERLOIN 15.00
SURF AND TURF 3.00 Add 3 tempura prawns	TUNA STEAK 18.00 Poke bowl of sushi rice, fresh avocado, lime, cucumber, pickled carrot, spring onion, radishes, fresh chilli, ponzu dressing and a chilli mayonnaise.	BUTCHER'S BOARD Fillet steaks, Butcher's favourite cuts and sharing steaks are displayed on the board when available.	

SKEWERS

With a Morrocon stew of mixed peppers, chickpeas, sweet potato, lentils, nuts and spices, humus and tzatsiki, iceberg lettuce, fresh tomato and warm gluten free bread

LAMB RUMP 18.00	HALOUMI V 15.00	MONKFISH 19.00
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MAINS

FULL RACK OF BABY BACK RIBS 19.00
Slow cooked with BBQ Sauce and served with chipotle mayonnaise, shoestring fries* and coleslaw.

CHICKEN, BACON & AVOCADO 15.00
CAESAR SALAD
Chargrilled chicken breast, best back bacon, avocado, free range hard boiled egg, anchovies, baby gem lettuce and caesar dressing.

CHICKEN FILLET 15.00
Char-grilled chicken breast with BBQ Sauce, chipotle mayonnaise, shoestring fries* and coleslaw.

SUNDAY ROAST

Please see board for details.
Not available in high season

HOUSE SWEET POTATO FALAFEL 14.50
With a Morrocon stew of mixed peppers, chickpeas, sweet potato, lentils, nuts and spices. With humus and tzatsiki, iceberg lettuce, fresh tomato and warm gluten free breads 🌱

PAN FRIED SALMON FILLET 17.50
Avocado and beef tomato salad and shoestring fries*.

BURGERS

Homemade burgers from farm-assured UK beef, cooked medium and served in a toasted gluten free bun with iceberg lettuce, beef tomato, red onion, gherkin, house burger sauce, coleslaw and shoestring fries*

CLASSIC 13.00
Enjoy it "as is" or build it up from the toppings menu

CHICKEN 14.50
Char-grilled chicken fillet, avocado, chipotle mayonnaise and burger relish

BLACK COW CHEDDAR 2.50
RED ONION MARMALADE 1.50

AVOCADO 2.00
FLAT MUSHROOM 1.50

BLACK COW CHEESE & BACON 14.50
Best back bacon & Dorset's premium Black Cow Cheddar

FALAFEL BURGER 13.50
Homemade sweet potato falafel with rocket and tsatsiki or humus 🌱

DORSET BLUE 14.50
Dorset Blue Vinny cheese & house red onion marmalade

DOUBLE UP! 4.50
Double the Burger!
Add an extra patty.

DORSET BLUE VINNY 1.50
BEST BACK BACON 1.50
GO NAKED! NO BUN, EXTRA SALAD, NO CHARGE

SIDES

SHOESTRING FRIES* 3.00	SWEET POTATO FRIES* 4.00	CHUNKY CHIPS* 4.00	ASIAN SLAW 3.50
WILTED SPINACH 3.50	CORN ON THE COB 3.50	MIXED SALAD 4.00	COLESLAW 3.00

ICES

ICE CREAM & SORBET

Vanilla, Salted Caramel, Honeycomb, Chocolate, Strawberry ice creams or Mango Sorbet

1 SCOOP .. 2.50 2 SCOOP .. 3.50 3 SCOOP .. 5.00

*Fries - Our fries contain no gluten however traces can appear due to the production process. New potatoes or mixed salad are available as an alternative. We do not operate a gluten free kitchen. Gluten free refers to dishes only having non gluten containing ingredients.
If you have any queries regarding allergies or intolerances please ask your server.

Please allow time for your menu choice as all dishes are prepared and cooked to order.
All items may contain traces of nuts, please ask your server for further allergy advice.
A discretionary service charge of 10% will be added to groups of six or more.

(V) = VEGETARIAN

🌱 = VEGAN OPTION

GLUTEN FREE MENU AVAILABLE

HOUSE FAVOURITE

JAMES AND WHITE

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NON GLUTEN INGREDIENT MENU

BRUNCH

FULL DORSET 9.00 Outdoor-reared pork sausage, best back bacon rashers, two poached free range eggs, baked beans, hash brown, flat mushroom, vine tomatoes and gluten free toast	FULL VEGGIE 9.00 Two poached free range eggs, pan fried haloumi cheese, wilted spinach, hash brown, baked beans flat mushroom, vine tomatoes and gluten free toast
SALMON, AVOCADO & EGGS 9.00 Thick cut Wye Valley smoked salmon, ripe avocado, poached free range eggs, country style potatoes, pea shoots & g/f toast	VEGAN BREAKFAST  9.00 Zucchini fritters, heck's vegan bollywood sausage, wilted spinach, hash brown, baked beans, flat mushroom, vine tomatoes. <small>We are unable to offer vegan, gluten free toast</small>

WEEKDAY LUNCH PLATES

AVAILABLE MONDAY TO FRIDAY 12PM TO 4PM

8OZ RUMP STEAK 13.00 Served on a sizzling hot volcanic rock for you to cook on yourself at the table! Or... Don't want to do the cooking; no problem just ask your server and we will serve the finished dish. With vine tomatoes, shoestring fries and peppercorn sauce.	HAM, EGG AND CHIPS 9.00 Roasted thick cut ham, fried free range eggs and chunky chips.
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SANDWICHES

MIDDAY TIL 4PM. NOT AVAILABLE SUNDAYS

Served open on lightly toasted gluten free bread with a mixed leaf salad

SMOKED SALMON 8.00 Thick cut smoked salmon, fresh avocado, cream cheese and lemon	BLACK COW CHEDDAR 7.00 Black Cow Cheddar, beef tomato, rocket and chutney
BACON AND EGGS 6.50 Fried free range eggs and best back bacon	HOMEMADE SOUP 6.70 Today's special with gluten free bread
HAND SLICED HAM 7.00 With roasted beets, salad and horseradish creme fraiche	ADD HALF SANDWICH 3.00

BAD HAND COFFEE



ESPRESSO 2.30
MACHIATO 2.50
AMERICANO 2.50
LATTE / CAPPUCCINO / FLAT WHITE 2.80
MOCHA 3.00

TEA

ENGLISH BREAKFAST TEA 2.30
DORSET TEA HERBAL INFUSIONS 2.50 Cool Chamomile, Earl Grey, Foraged Fruits, Pure Green, Lemon & Ginger
ROOBOIS TEA 2.50
HOT CHOCOLATE Add Marshmallows 30p Add Cream 30p 3.00

SOFT

COKE / DIET COKE ICON 3.20
APPLETISER 3.20
ORANGINA 3.20
MINERAL WATER 2.50 / 5.00
LUSCOMBE LEMONADE 3.20
LUSCOMBE GINGER BEER 3.20
LUSCOMBE ELDERFLOWER PRESSE 3.20

JUICES

FROBISHERS APPLE JUICE 2.90
FROBISHERS ORANGE JUICE 2.90
FROBISHERS CRANBERRY JUICE 2.90
FROBISHERS ORANGE & PASSIONFRUIT FUSION 3.20
FROBISHERS APPLE & MANGO FUSION 3.20
BIG TOM TOMATO JUICE 3.00
SMOOTHIES 4.20



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HOUSE FAVOURITE

GLUTEN FREE MENU AVAILABLE ASK YOUR SERVER